

Community Advisory Committee

Spring Meeting



EL DORADO
CHARTERSELPA
Special Education Local Plan Area

March 28, 2023

Welcome & Call to Order



Voting Members Present



Non-Voting Members
Present

SELPA Team Members

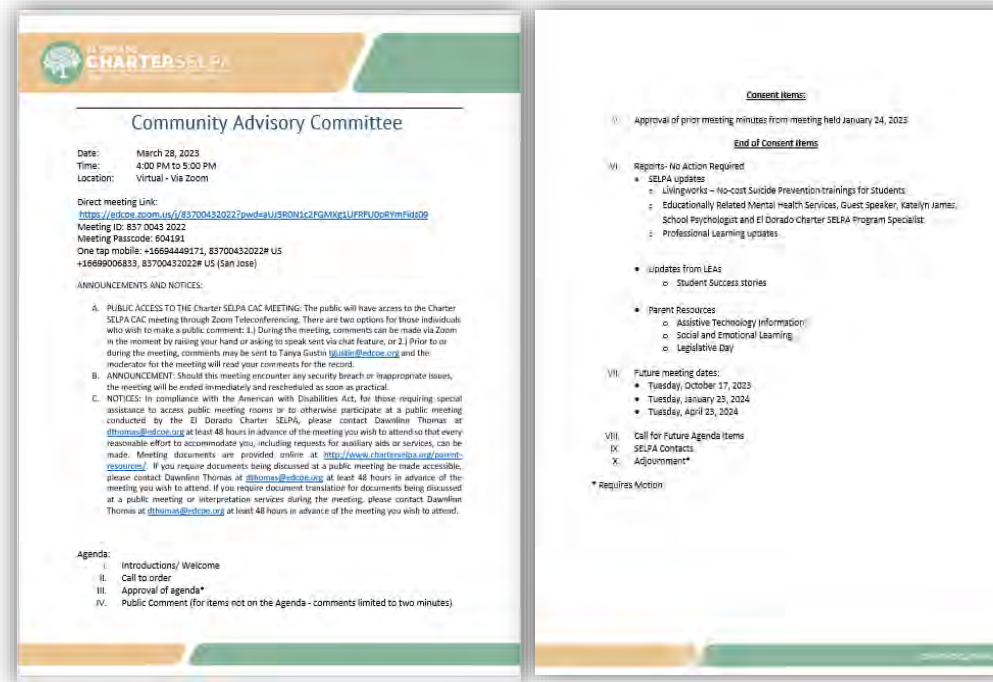


Non-Voting Members
Present

Parents
Partner Schools
Other Stakeholders

ACTION ITEM*

APPROVAL OF TODAY'S AGENDA March 28, 2023, CAC AGENDA



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Motion to Approve?

Public Comment Procedures



Members of the public to observe and offer comments telephonically or electronically when public comment is opened on the agenda item



Participants may participate in the public comment by using the “**raise your hand**” function or request to speak in the **chat box** when public comment is opened on the agenda item



Participants will be allotted 2 minutes for comment

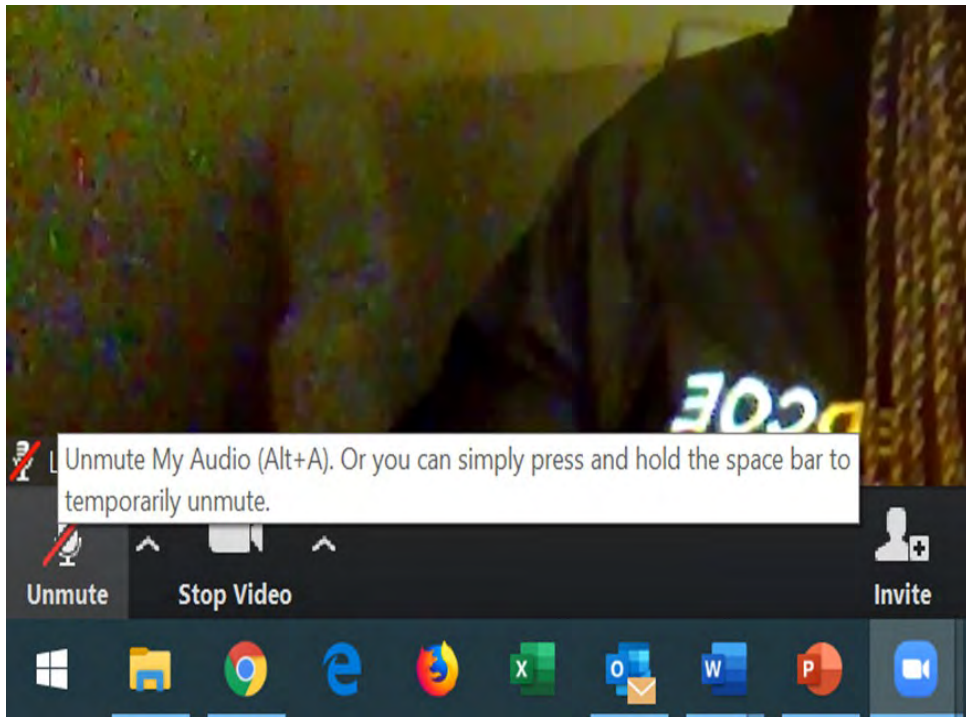
Removal of disruptive individuals may occur so long as the individual is first warned by the presiding SELPA chair that their behavior is disrupting the meeting and failure to cease such behavior may result in removal. If the behavior does not promptly cease, the individual may be removed.



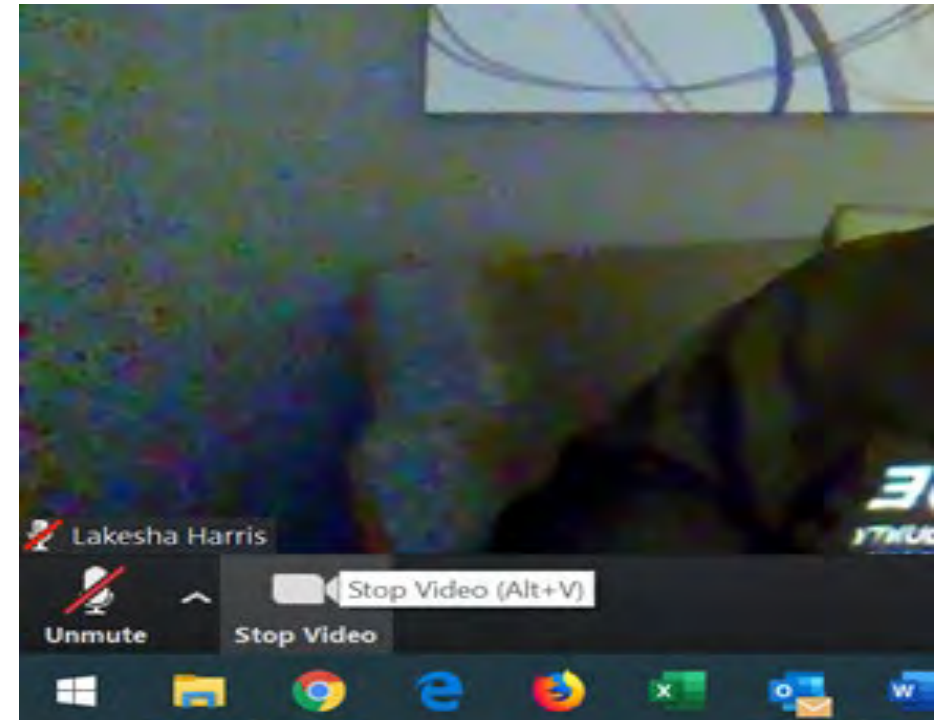
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Reminders about Zoom Participant Features

Mute/Unmute

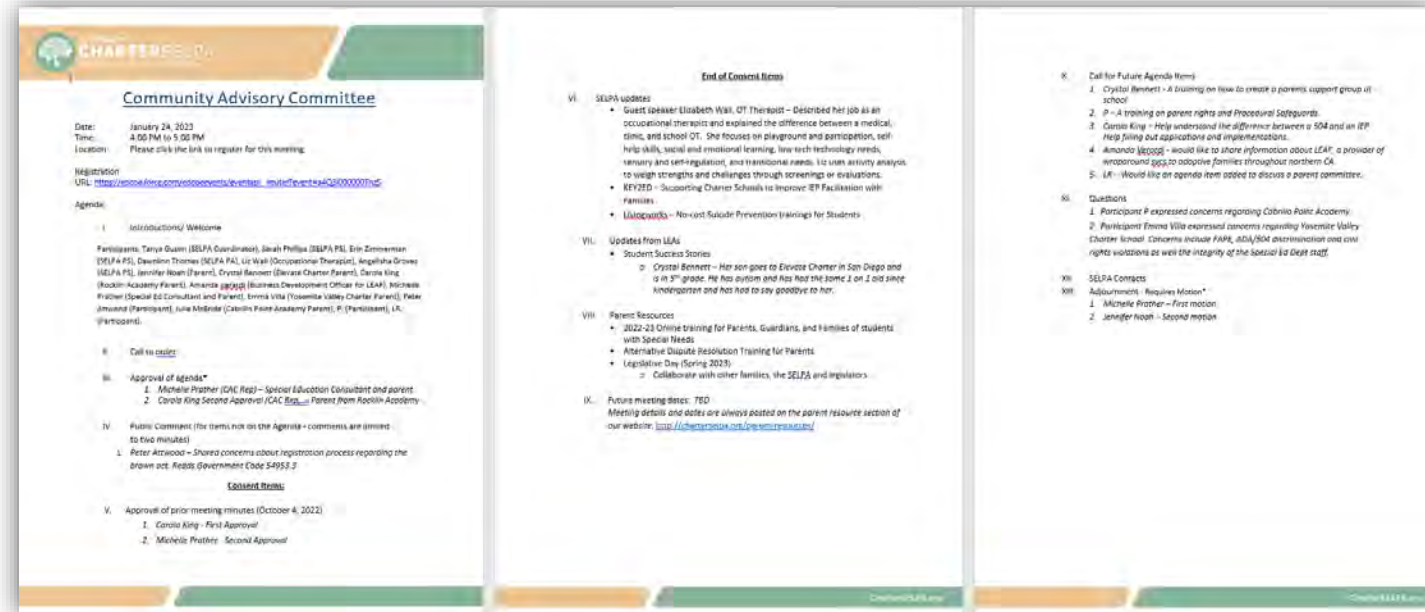


Turn Camera Off/On



ACTION ITEM*

APPROVAL OF Previous Meeting MINUTES January 24, 2023

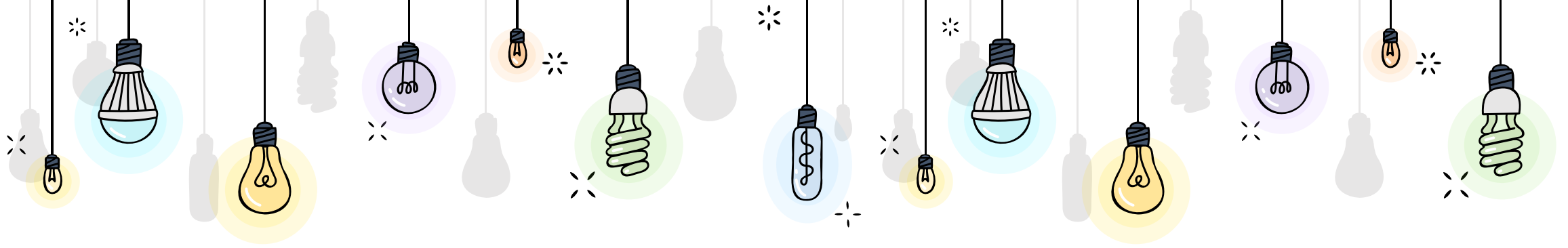


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Motion to Approve?

SELPA UPDATES





No-cost Suicide Prevention Trainings for Students

LivingWorks Start, a 90-minute online training program, teaches life-saving skills to recognize and support those in need.

California students are invited to:

- Take LivingWorks Start, a 90-minute online training, for FREE!
- Earn community service-learning credit for students
- Learn the skills to support friends, classmates, and family



Guest Speaker

Educationally Related Mental
Health Services

Katelyn James, School
Psychologist, and Program
Specialist



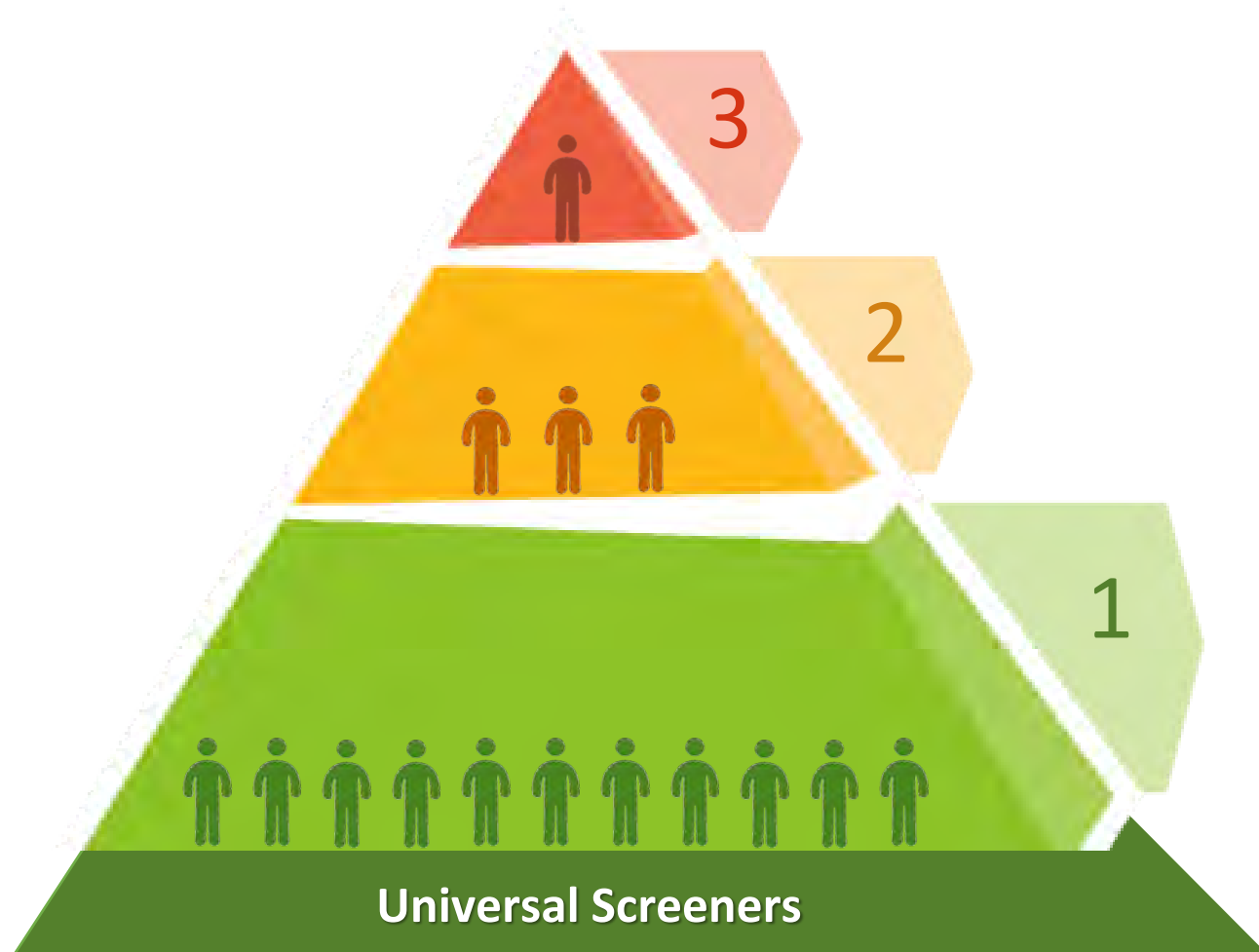
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Under what
circumstances are
mental health
supports & services
provided at school?



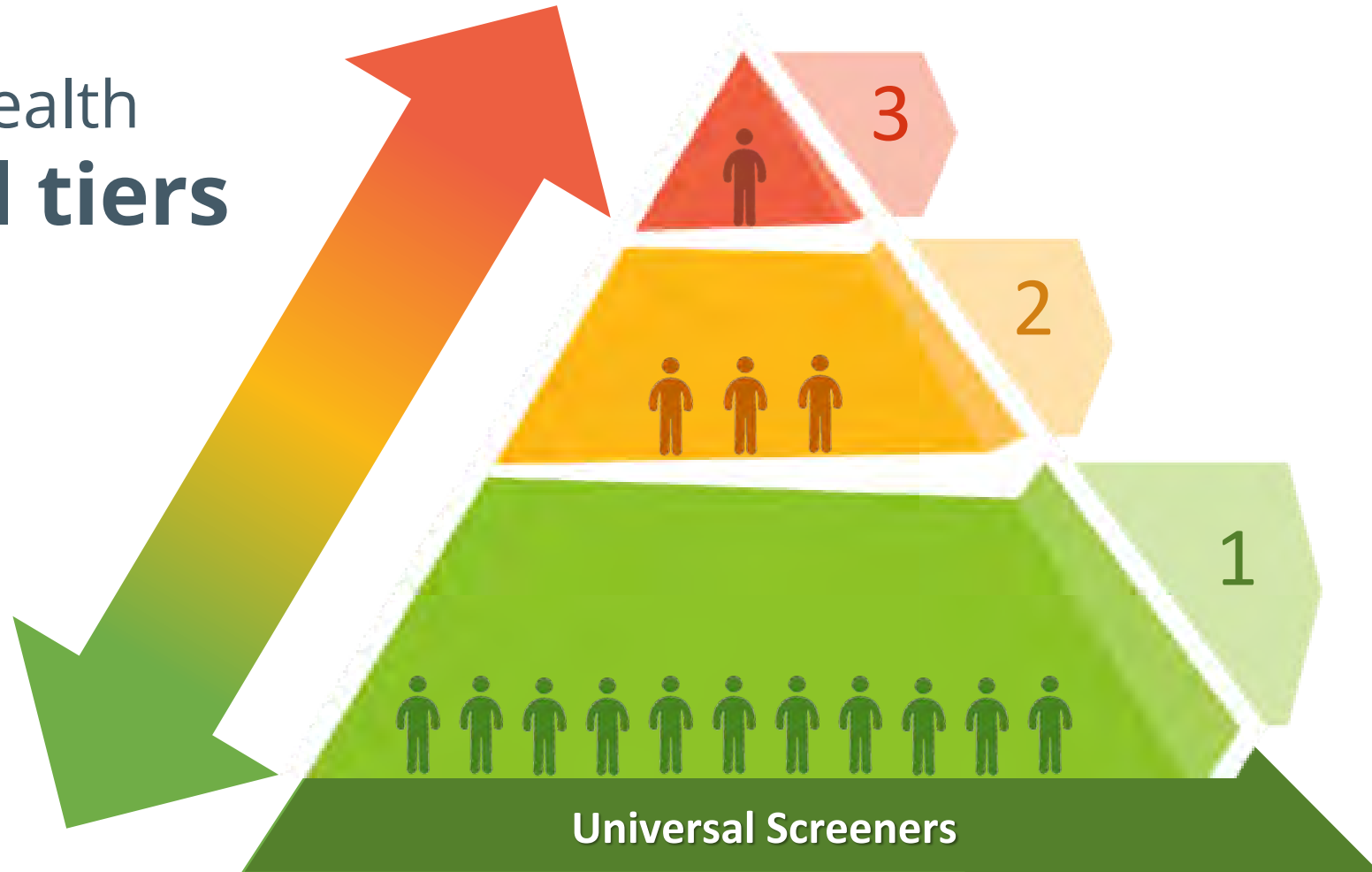
Multi-Tiered System of Supports (MTSS)

**Where does
Mental Health fit
within the Multi-
Tiered System of
Support (MTSS)?**

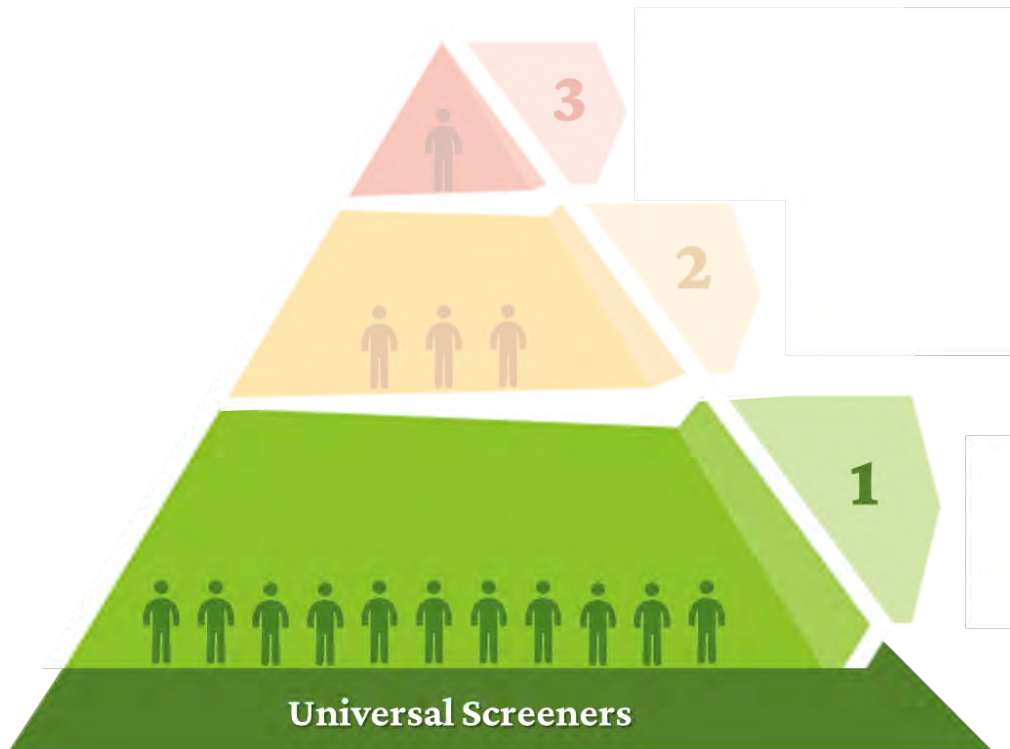


Multi-Tiered System of Supports (MTSS)

Mental Health
applies to **all tiers**

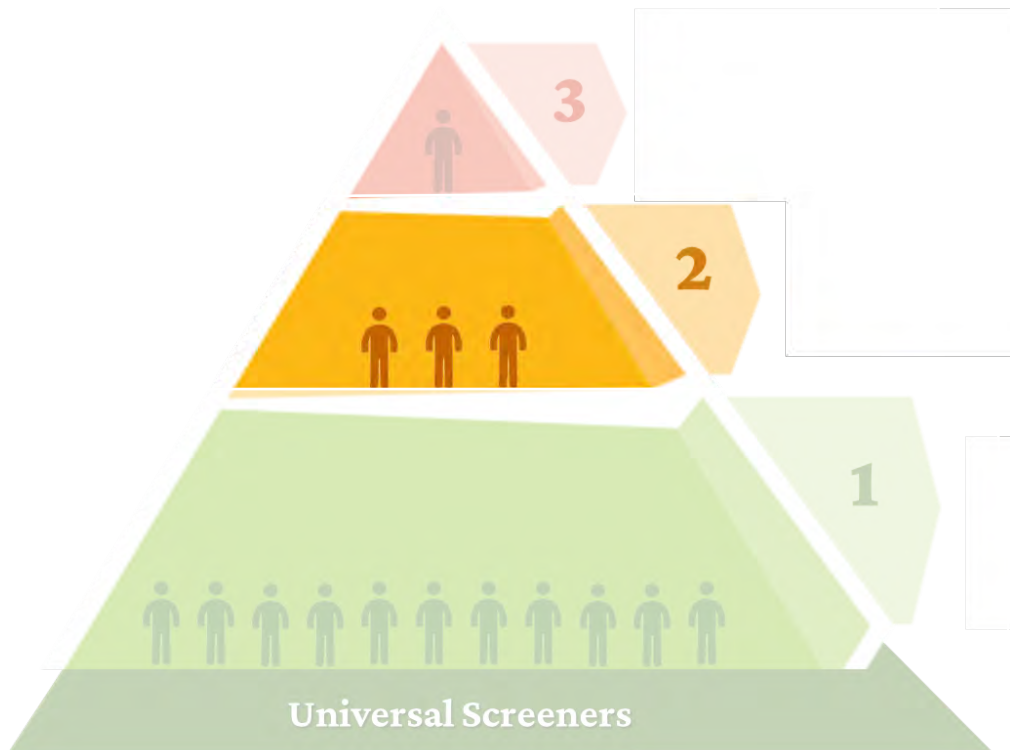


MTSS & Mental Health



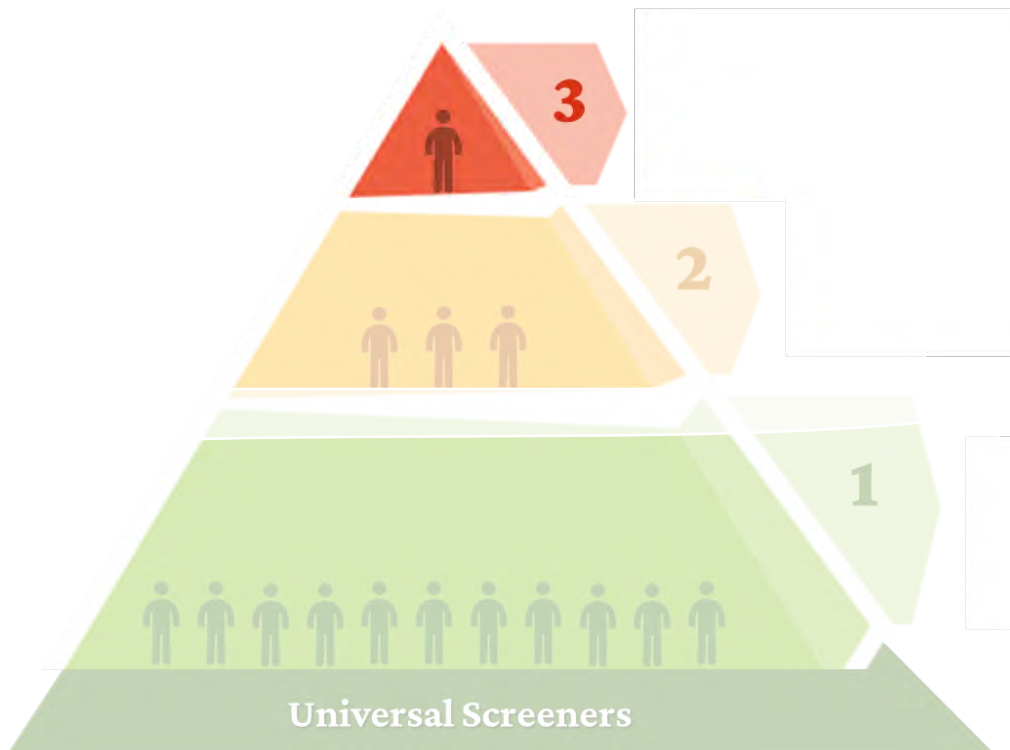
- Universal SEL curriculum
 - PBIS
 - Responsive Classroom
 - Wellness promotion
- Integrated SEL with Academic Instruction
 - Restorative Practices
 - Parent Engagement

MTSS & Mental Health



- Targeted SEL Skill Groups
- Short-term counseling (AVID) Programs
- Organizational Skills Coaching
- Check-in, Check-out (CICO)
- Mentoring Programs
- Targeted Parent Education

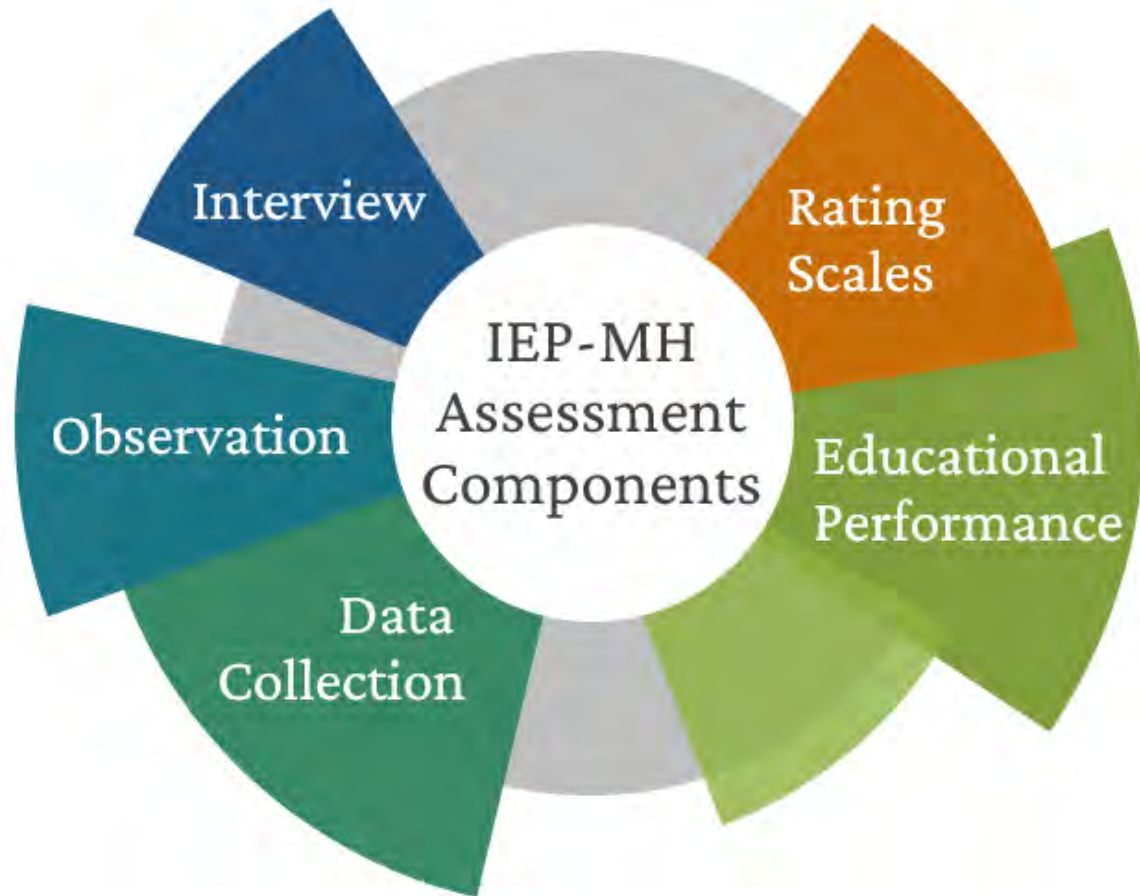
MTSS & Mental Health



- Individual social skills instruction
- Individual crisis counseling
- Wraparound services
- FBA/BIP
- Individual Counseling
- Parent Counseling
- Referral to community agencies
- *ERMHS

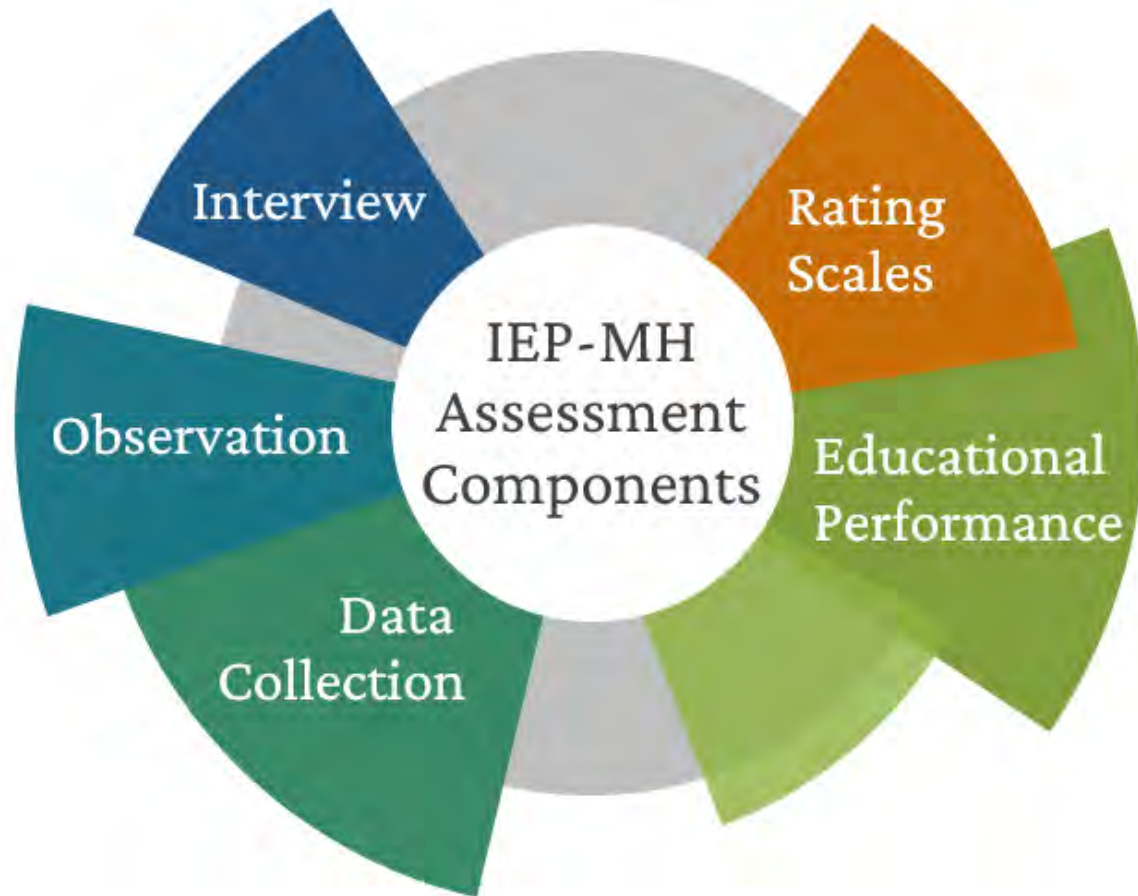
**ERMHS= Educationally Related Mental Health Counseling pursuant to an IEP*

Educationally Related Mental Health Services (ERMHS)



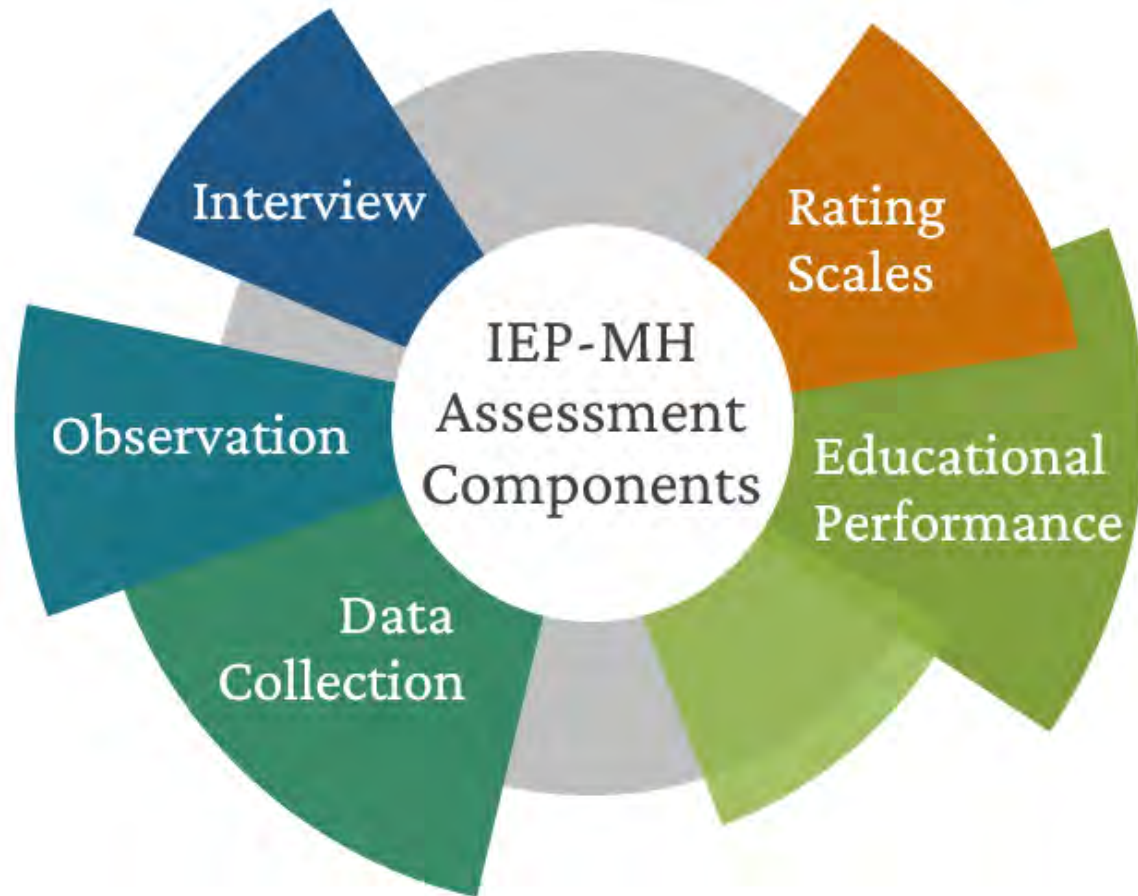
The need for ERMHS is determined by a specialized assessment within the context of the IEP process.

Educationally Related Mental Health Services (ERMHS)



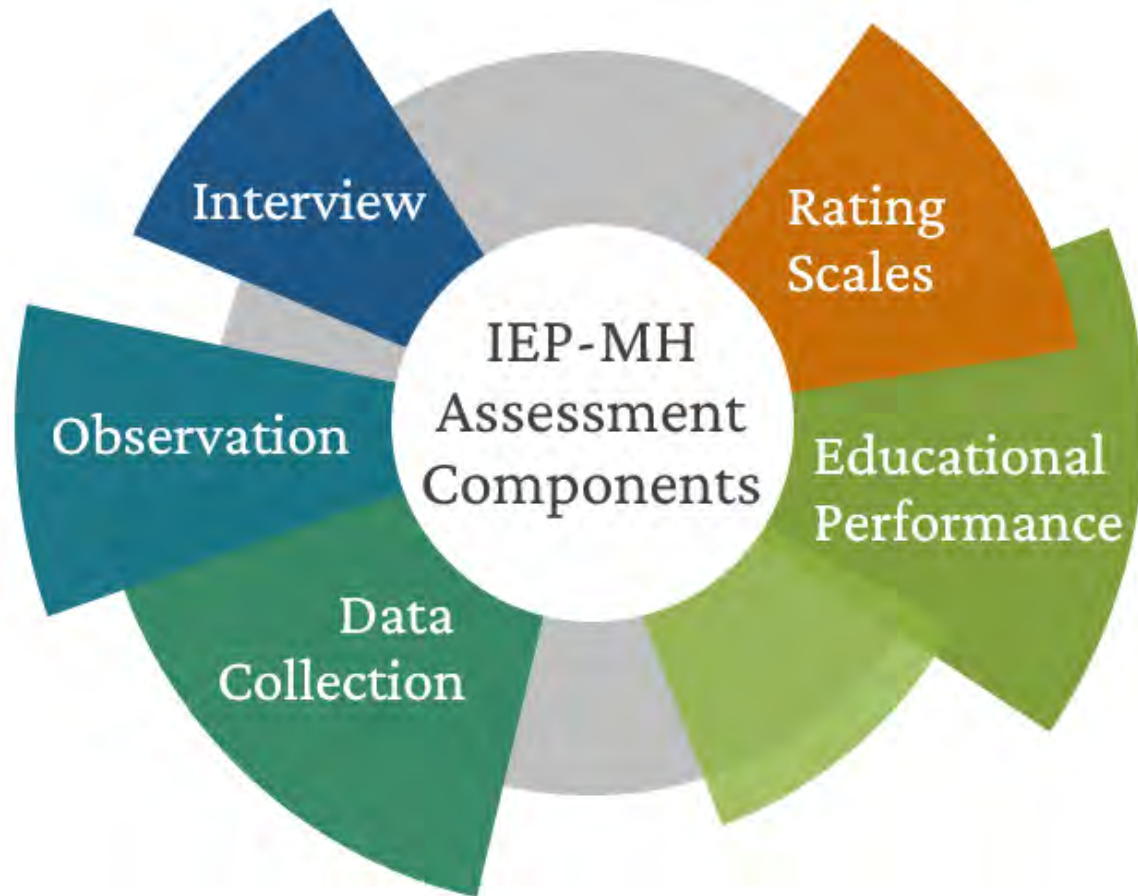
- Assessments are conducted by a certified professional, often a school psychologist.
- Assessments consider emotions and behaviors manifested in the school setting that impact educational performance.

Educationally Related Mental Health Services (ERMHS)



- NOT seeking a diagnosis, nor offering a diagnosis.
- Determinations of eligibility are made by the student's IEP team.

Educationally Related Mental Health Services (ERMHS)



Students with IEPs may be assessed for mental health services when:

- A student exhibits maladaptive or atypical behaviors.
- A student has a significant change in their emotions or behavior that negatively impact their educational performance.
- A parent or doctor provides information that a student has a new diagnosis of a mental health condition.

Educationally Related Mental Health Services (ERMHS)

These related services may be required to help a student with a disability benefit from their education.



Individual Counseling

Counseling & Guidance

Social Work Services

Psychological Services

Parent Counseling & Training

ERMHS Services & Providers

| | CALPADS Code | Licensed Educational Psychologist (LEP) | School Psychologist (PPS) | Licensed Clinical Psychologist | Marriage & Family Therapist (MFT) | Licensed Clinical Social Worker (LCSW) | Social Work (PPS) | School Counselor (PPS) | Licensed Professional Clinical Counselor (LPCC) | Board Certified Psychologist | Special Education Instruction Credential | Health and Nursing Services Credential |
|------------------------------|--------------|---|---------------------------|--------------------------------|-----------------------------------|--|-------------------|------------------------|---|------------------------------|--|--|
| Individual Counseling | 510 | X | X | X | X* | X* | | X | X* | X | | |
| Counseling and Guidance | 515 | X | X | X | X* | X* | | X | X* | X | | |
| Parent Counseling & Training | 520 | X | X | X | X* | X* | X | X | X* | X | X | X |
| Social Work Services | 525 | | | X | X* | X* | X | | X* | X | | |
| Psychological Services | 530 | X | X | X | X | X | | | | | | |

**Services may be provided by a qualified intern under the direct supervision of an individual who holds the appropriate credential authorization (5 CCR 3051).*

Professional Learning Updates



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Upcoming Opportunity: Santa Clara County SELPA Parent Trainings



2022-23 ONLINE TRAININGS FOR PARENTS, GUARDIANS, FAMILIES OF STUDENTS WITH SPECIAL NEEDS

Hosted by Santa Clara SELPAs I, II, III, IV, & VII

**Click on the Titles to register online. Zoom login information will be sent to registered participants via email.
There are no fees associated with these events.**

PARENTAL RESOURCES AND SELF-CARE

April 25, 2023; Time: 4:00-4:30pm

Presenters: Susan Bobbit-Voth

Topics to be covered:

- Tips for managing day-to-day stress and maintaining physical and mental well-being including:
 - a. Relaxation and anxiety reduction
 - b. Mindfulness

SUPPORTING SIBLINGS OF CHILDREN WITH SPECIAL NEEDS

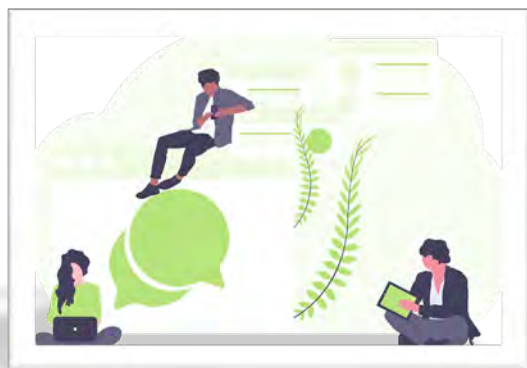
May 9, 2023; Time: 4:00-4:30pm

Presenters: Susan Bobbit-Voth and Garth Armit

Topic to be covered:

- Ideas for parents to help their non-disabled children feel supported and valued





Parent Series with Dr. Paul Porter

Four-part web module series for parents.

Topics include:

Communication

https://www.youtube.com/watch?v=g8aChBdtR_E

Conflict

<https://www.youtube.com/watch?v=vZ6jg76pN44>

Understanding and Navigating the Education System

<https://youtu.be/nVlBx85bN8w>

Positive Intent

<https://youtu.be/L8Ob4R5Ft7w>



Key Professional Learning | 2022-23

1

Program Quality

Paraeducator Academy

Hybrid Delivery | *Fall- Spring 2023*

Teacher Academy

In-person and Virtual | *Summer-Fall 2022*

Leadership Academy

In-person | *Fall 2022*

Education Specialist PLC

Virtual | *Fall – Spring 2023*

SLP/ASHA Trainings

Virtual | *Fall – Spring 2023*

Transition 101 - Ability Center Education

Virtual | *Fall 2022*

2

Mental Health | Behavior

Diagnostic Center of Northern California

18 offerings in SEL/Behavior

Virtual | *Fall – Spring 2023*

Edwell

SEL– Brain Based Learning

Virtual | *Fall 2022*

School Psychologist Academy/PLN

Virtual | *Fall – Spring 2023*

Living Works – Suicide Prevention Training

Virtual | *Fall – Spring 2023*

CPI - Nonviolent Crisis Intervention

In-person | *Fall – Spring 2022*

3

Compliance | ADR

Afterschool Special with

Heather Edwards

Virtual | *Fall- Spring 2023*

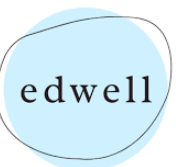
Managing Conflict with Dr.

Paul Porter

Virtual | *Fall 2022*

Facilitated IEP with Key2Ed

In-Person | *Fall – Spring 2023*



250 PL Events
That's a lot of trainings

10,932 Attendees
And a lot of educators across the state

100%
Learning together



January 27, 2023
Sacramento Grand Sheraton

201

Attendees

The presenters highlighted a focus on student and parent voice, the statewide system of support, the impact of Robotics and STEAM, and the power of Inclusion.



School and Parent Updates



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Success Stories



Please feel free to unmute yourself or use the chat feature to share any successes that you would like to highlight from the last school year or this current school year



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Parent Resources



Assistive Technology



Assistive Technology & Augmentative and Alternative Communication



Facebook



Twitter



LinkedIn



Email



Print

Last Updated: 2 February 2022



Assistive Technology Resources

[Assistive Technology Accommodations and Modifications to Consider](#)

[Assistive Technology Checklist](#)

[Assistive Technology Do's and Don'ts](#)

[Flowchart for Addressing Assistive Technology](#)



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Social and Emotional Learning

Social Emotional Learning At Home



What is social emotional learning?

Social emotional learning (SEL) is the process of developing students' self-awareness, self-management, relationship skills, and responsible decision making.

Benefits of social emotional learning

- SEL fosters resiliency, problem solving skills, and interpersonal skills.
- Student's are more likely to have increased:
 - academic achievement
 - improved behavior and attitudes
 - cope better with everyday challenges

SEL Activities:

- Journaling (self-awareness)
- Yoga (self-awareness and self-management)
- Write a letter or draw a picture for someone (relationship skills)
- Create a schedule (responsible decision making)
- Make a to do list (responsible decision making)



Strategies to support social emotional learning at home:

- Be an active listener.
- Provide acts of kindness together.
- Help your child express their emotions by identifying their feelings.
- Check-in on emotions/feelings daily and model identifying your own emotions/feelings.
- Cultivate your child's self-esteem by providing developmentally appropriate tasks and recognizing a job well done and allowing them to make developmentally appropriate choices.
- Practice mindfulness (stretching or breathing exercises).
- Respect your child's differences and provide encouragement during challenges.
- Model managing stress, disappointment, anger and conflict, respect, and empathy.
- Connect with your child's school (attending school meetings, parent-teacher conference, and e-mail teacher).

Conversation starters to support SEL:

Ask your child more questions rather than guide to help them develop social emotional tools.

- What qualities do you look for in a friend?
- What do you think your friend was feeling?
- How can you work to make things right?
- How was your day? What can you do to make your day better?



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<https://www.teacherspayteachers.com/Store/Tlc-Classroom-Edventures>

Legislative Information Sharing Day



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May 3, 2023

If interested contact Tanya Gustin at tgustin@edcoe.org



Future Meeting Dates

October 17, 2023

January 23, 2024

April 23, 2024

Please visit our Parent Resources page for meeting details and other resources.

<https://charterselpa.org/parent-resources/>



Call for Future Agenda Items





CAC Contacts

| Name | Region | Phone | Email |
|---|------------------------|--------------|--|
| Erin Zimmerman Program Specialist | Southern California | 530-957-8188 | ezimmermann@edcoe.org |
| Sarah Phillips Program Specialist | Northern California | 530-957-8272 | sphillips@edcoe.org |
| Tanya Gustin Program Coordinator | Statewide | 530-957-8195 | tgustin@edcoe.org |



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ACTION ITEM*

Adjournment of Today's Meeting



Motion to Approve?



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*Thank
You!*