MENTAL **HEALTH TRAINING** SERIES



Presented by:

Click on each date to register.

The Diagnostic Center, Northern California

Part 1 - When They Don't Show Up - School Avoidance -October 3, 2023 9:00AM- 11:00 AM *In-Person* Seavey Center

- Learn how to identify reason(s) behind a student's school avoidance
- Learn evidence-based strategies to help students return to class
- Learn how to assemble an appropriate team to implement and monitor the transition plan

Part 2 - Silent Suffering: What to Know and What to Do for Student with **Internalizing Disorders**

October 3, 2023 12:30PM - 2:30 PM *In-Person* Seavey Center

- Identify symptoms consistent with various internalizing disorders
- Learn best practices for assessing students who may present with an internalizing disorder
- Learn evidence-based interventions for working with students who have internalizing disorders

Part 3-Identification of Anxiety, Stress, and Trauma (Part 1 of 2) March 26, 2024 2:00PM - 3:30 PM *Virtual*

- Conceptualize anxiety, stress, and trauma as a continuum of stress states
- Recognize that intense reactions lead to hyper-aroused physiology that leads to decreased access to social, language, and cognitive processes
- Use vignettes to link symptom presentation to stress states

Part 4 - Identification of Anxiety, Stress, and Trauma (Part 2 of 2) May 2, 2024 2:00PM - 3:30 PM *Virtual*

- Apply skills from Part 1 to this Part 2 training
- Scaffold evidence-based interventions that correspond to symptom severity
- Use vignettes to link baseline functioning to intervention starting points
- Obtain resources for therapeutic supports

No Cost Questions: cmccoard@placercoe.org

PCOE is committed to the full inclusion of all individuals and remaining compliant with the American with Disabilities and Fair Employment and Housing Acts. As part of this commitment, PCOE will work to ensure that persons with disabilities are provided reasonable accommodations. Persons with disabilities who wish to request reasonable accommodations or who have questions about access, please contact the SELPA at 530-886-5876