

MENTAL HEALTH TRAINING SERIES

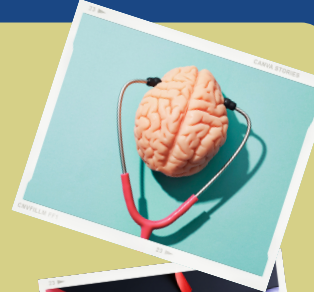
Presented by:

The Diagnostic Center, Northern California

Part 1 - When They Don't Show Up - School Avoidance -

October 3, 2023 9:00AM- 11:00 AM *In-Person* Seavey Center

- Learn how to identify reason(s) behind a student's school avoidance
- Learn evidence-based strategies to help students return to class
- Learn how to assemble an appropriate team to implement and monitor the transition plan



Part 2 - Silent Suffering: What to Know and What to Do for Student with Internalizing Disorders

October 3, 2023 12:30PM - 2:30 PM *In-Person* Seavey Center

- Identify symptoms consistent with various internalizing disorders
- Learn best practices for assessing students who may present with an internalizing disorder
- Learn evidence-based interventions for working with students who have internalizing disorders



Part 3-Identification of Anxiety, Stress, and Trauma (Part 1 of 2)

March 26, 2024 2:00PM - 3:30 PM *Virtual*

- Conceptualize anxiety, stress, and trauma as a continuum of stress states
- Recognize that intense reactions lead to hyper-aroused physiology that leads to decreased access to social, language, and cognitive processes
- Use vignettes to link symptom presentation to stress states

Part 4 - Identification of Anxiety, Stress, and Trauma (Part 2 of 2)

May 2, 2024 2:00PM - 3:30 PM *Virtual*

- Apply skills from Part 1 to this Part 2 training
- Scaffold evidence-based interventions that correspond to symptom severity
- Use vignettes to link baseline functioning to intervention starting points
- Obtain resources for therapeutic supports

No Cost

Questions: cmccoard@placercoe.org